

EW'S WORLD FAMOUS TRASH TALK: HAIR TODAY, GONE TOMORROW

Can you feel it? It is almost here. Real football is just over the horizon. The excruciatingly long preseason slate of games has thankfully ended with the obligatory fourth game of scrubs on scrubs, and now all that is left is the mandatory roster cutdowns which always serves up some interesting big names hitting the street. I'll get back to that in a minute, but first there is the rather large issue of....

Helen of Troy Palamalu has insured his hair for one million large. Holy flowing locks Batman! Actually, hair products company Haeed & Shoulders, who Polamalu shills for, took out the policy from Lloyds of London. Pretty smart PR ploy actually. But the extreme value of Polamalu's mop does raise the question of the relative value of Tom Brady's new Justin Bieber look. Seriously, what's up with that? Man, if the head Patsy gets any closer to his feminine side, he is gonna be strutting down the Victoria's Secret catwalk with his wife.

 Now, back to some of the comings and goings. Of local note here, it seems pretty clear that the Cardinals are going to cut bait with Matt Leinart. The guy has been given every opportunity, but has just never come to grips with the speed of the pro defenses and has been often aloof as a teammate and leader. Oh well, no loss, and the Cardinals have a rather impressive history of wasting high first round picks on quarterbacks that go bust (one of them, Kelly Stouffer, who in spite of being a complete bust in the NFL, nevertheless is forever known for refusing to play for the Cardinals after they used the number six overall pick on him).

T.J. Houshmandzadeh has been cut by Seattle

after signing a big free agent contract last year. The Cowboys have dumped former fan favorite Patrick Crayton on the Bolts (who need a receiver because they seem unable to deal with Vincent Jackson). It may well be that Byron Leftwich's knee injury last night earns him being dumped by the Steelers. Pittsburgh really only wanted Leftwich for the period of Big Ben's suspension anyway and that has now been reduced to four games, which is how long Leftwich looks to be laid up. Hard to believe Pittsburgh will pay the money to keep him on the opening day roster under those circumstances.

In other news and notes, the student athletes have already started play. Sort of. USC ran up the score on Hawaii; the Trojans offense looked decent, but their defense looked very un-Trojan like. And not very Monte Kiffin like either. I dunno, could be a long year in for the scarlet and gold in Watts. However, there was one pretty good game last night, Utah and Pitt, with the Utes pulling out an overtime win. It will be pretty interesting to see coach Kyle Whittingham and Utah in the Pac-12 next year; the guy is a very good coach and Utah always seems to have solid players. They may make some waves.

But, hands down, the game of the week is Monday night between Boise State and the Virginia Tech Hokies. Boise is rated number 3 preseason and VaTech number 10. That is a good game any time, but this is simply huge in that if Boise State gets by the Hokies, they are primed for a run at playing for the National Championship in the BCS title game, which would be yet another perfect black eye for the hated BCS assholes. And boy would that be sweet. Boise State is my favorite team right now; Go Broncos!!

There is also MLB baseball as the season winds up and October looms and a few other things sporting out there, so get yer trash on people!